Sarah Whittaker

Personal Statement for the 2021 AGM

I was elected onto the Board of the NCH in 2019 as Director of Ethics. I would like to be re-elected so that I can continue to contribute towards the work of the NCH for the benefit of the members.

Since being elected I have completed the update on the Code of Ethical Conduct and Performance and also taken on the role of Supervision Director.

Despite the challenges that the pandemic brought to us I have enjoyed working as part of a wonderful, enthusiastic team who are all passionate about promoting the benefits of good quality training and high ethical standards within hypnotherapy.

I am also a full time hypnotherapist having trained at the Clifton Practice in 2010 and as such I know the realities of being a self employed therapist. I look forward to continuing to help members in any way I can.