

Tracey Grist
Personal statement for the 2021 AGM

I would like to be re-elected as a member of the Board for the NCH, as I would like to continue to contribute to the wellbeing of the organisation's membership and brand; upholding the quality and ethics of what the NCH stands for - that any client who chooses an NCH practitioner, chooses to be in safe hands.

I am proud to be a member of the NCH and a representative of the organisation and want to continue working on projects that can enhance our Members practice; such as the journal, quality supervision, an ever growing CPD listing facility, a continually enhanced CECP -as Hypnotherapy becomes a more accepted industry, our CECP has to expand to keep Members and clients safe and secure.

I am excited to be on the Board working towards new projects, such as the mentorship programme and our online conference, not forgetting working through our membership surveys to give Members more of what is wanted.

I was elected as Chairman of the board in 2018 (which seems like a lifetime ago!) and in that time we have renovated much of our processes, so much happens behind the scenes, including reviewing our Articles, enhancing our CECP, making systems more efficient for everyone. We have also worked on rebranding the NCH, "The home of Hypnotherapy" with a new website and much easier accessibility for Members and the public alike, we still have a long way to go with social media and speaking out as a voice to be heard, and I hope that we will continue to be a productive Board and really give members what is needed, but also what is wanted.

My role as Chairman has been to be the glue for the team to work effectively- I have no area of specialisation as such, my job has been to give the space to each Director and Executive of the board, so they can enhance their role and their arena to give the best to the NCH.

The most important factor for me has been that we are all equal members of the board and we all roll our sleeves up and get on with it.

We have adapted to online working as a Board and have modified how we meet, no longer every six weeks for a day, we work monthly together for a morning meeting, which has become not only a cost saving exercise but keeps momentum up with the ongoing, regular meetings. We are hoping that with

the change, more Members may be tempted to join the Board now that distance is no object. We also hope that the same transition works for both the AGM and our subsequent conference- we can keep the costs down on the venue and increase our costs to pay speakers- which is wonderful stuff, and if it's a success we can consider online conferences something worth doing as well as in person- it is all very exciting!

Finally, I feel it important to say, the Board are the unsung heroes of the NCH- unlike boards of most companies, they are dedicated and passionate, and it is down to them to actually *do* the work, without our committed Board of volunteer Directors and Executives (who work above and beyond their pay), the NCH would be an empty shell of an organisation.

I am truly proud to be a part of an amazing team of wonderful people and it is an honour to serve them and you.