

Yvonne Hannah - Business Director - Election

Providing challenge, overview and strategic direction for the NCH from a business perspective : taking into account all aspects : including ethics, standards and the needs of our members and schools.

Yvonne comes from a business background having worked as a programme director in financial institutions for many years before training and commencing her own practice as a clinical hypnotherapist. Managing large scale programmes of work, dealing with Regulatory bodies and managing budgets in tens of millions has provided Yvonne with a strong corporate strategic planning background. This, alongside a passion for the Hypnotherapy profession means that she is well placed to work with the board to help drive and deliver outcomes that will keep the NCH aligned with economic and regulatory advances , while maintaining our high quality view of standards and ethics at all times.

Sarah Whittaker - Ethics and Supervision Director - Re-election

Sarah has been a Solution Focused hypnotherapist for over a decade and a Supervisor for 5 years

Her role involves liaising with the Standards and Compliance departments, overseeing updates to the CECP and answering queries from members and the public. She is passionate about supporting members and helping them to uphold the values of the NCH.

Tracey Grist - Chair - Re-election

Tracey has been Chair of the NCH since 2016, working in team NCH has always been (mostly) a joy. Working with clients one to one had been her calling, but over the years she has really valued the team spirit of the NCH and working towards the goal of the public seeing Hypnotherapy as an exemplary form of therapy that is both effective and safe, as well as providing a forum for members to feel safe and heard. In her role as Chair it has been important to be the glue rather than the voice. The NCH team has always been fantastic, with every change of Director and Executive, new skills, new personalities have brought new results, sometimes it is hard to keep up, but most of the time it is amazing. The NCH's success is a direct result of the Board working together in harmony, and we continue to grow, continue to thrive and hopefully, continue to give members more of what you need and want from your PA.