Membership is what the NCH is about and it has been a honour to work for an organisation that has ethics and standards at the heart of what it does.

I've been a member since I trained 20 years ago, and I think it's vital we continue to invest in an organisation that isn't founded in profit, or private interests.

Since I've been in post I've been focused on building member resources, such as the Introductory CPD sessions, getting a community group on Facebook off the ground, heavily reduced access to resources such as the IJCEH, and building connections with other organisations.

I'd love to continue this work for a second term by ensuring our members have access to good quality CPD, business growth resources online, better communications - collaboration and connection with other hypnotherapists.

Sophie Fletcher